# Comparison of the specificity of cardiac troponin I and creatine kinase MB in isoproterenol-induced cardiotoxicity model in rats

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# Abstract

The aim of this study was to implement the determination of cardiac markers in preclinical research at our department. For this purpose, the pathophysiological model of acute cardiotoxicity induced by high doses of isoproterenol was used. Isoproterenol hydrochloride was intraperitoneally administrated to 42 Wistar male rats at a dose of 50 mg/kg body weight. Cardiac injury was determined by assessing the concentrations of the cardiac markers (cTnI - cardiospecific troponin I and CKMB - cardiac isoenzyme creatine kinase) in the blood at predetermined time-intervals (2, 4, 6, 12, 24 and 36 h), and confirmed by ECG. Isoproterenol hydrochloride caused an elevation in the plasma concentrations of both markers. The results showed a significant difference (P < 0.01) in the concentrations of cTnI between the experimental and control groups at 2, 4, 6 and 24 h with a maximum peak between the fourth and sixth hour. However, the difference in the concentrations of CKMB between the experimental and control groups was non-significant. This experiment confirmed that cTnI is more cardiospecific than CKMB. It also revealed the possibility to use this marker in preclinical testing.

Acute cardiotoxicity, cardiac markers, cardiospecificity, in vivo experiment

All the biomarkers that have been used in cardiology are involved in the contraction or energy metabolism of the heart tissue. Transaminases and lactate dehydrogenase lack a high specificity to the cardiac tissue; creatine kinase was used for a long time as a marker of choice, but it is of low cardiospecificity. Nowadays, more specific troponins are used and they play a great role in clinical medicine (Ladenson 2007).

Troponin (Tn) is a regulatory protein that forms a complex located in the contractile apparatus of the muscle tissue. It consists of three subunits (C, T, and I) that differ in the role they play in the interaction between actin and myosin filaments (Adamcova et al. 1999; Parmacek et al. 2004). Although troponin is present in both skeletal and cardiac tissues, cardiac isoforms (cTnI and cTnT) have a unique composition of amino acids, which gives them a high specificity to the myocardium. Troponin C, however, is not a cardiospecific marker due to its identical amino acid sequence in the skeletal and cardiac muscles (Schreier et al. 1990; Hamm et al. 1998).

Damage of the cardiomyocytes is manifested by the release of inner proteins out of the cells. Troponin I and T have two pools in the cells: the majority are bound to actin filaments in the myofibrils, whereas a free form is found in the cytoplasm. In case of cell death, free proteins in the cytoplasm leave the cell more rapidly than the ones fixed in the myofibrils. Troponin T has two considerable pools, thus its release kinetics is biphasic. The cytosolic pool of cTnI is considerably smaller and therefore the release of this protein is more likely to be monophasic (Katus et al. 1991; Korff et al. 2006).

Cardiospecific isoforms of troponin (cTnT and cTnI) are nowadays used as the gold standard for the diagnosis and risk stratification of patients with acute coronary syndrome and heart failure. The use of troponin in veterinary medicine and preclinical research is

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Phone: +420 541 562 896 E-mail: kolmanovae@vfu.cz http://actavet.vfu.cz/ growing. The highly preserved structure and function of troponins across animal species offer the option to employ the determination of troponins in preclinical research using highly sensitive human immunoassay kits (O'Brien et al. 1997; Wells et al. 2008). Their greatest potentials are seen in the development of myocardial protective strategies or predicting the cardiotoxicity of new chemical substances in animal models.

Creatine kinase, or more precisely, its cardiac isoenzyme (CKMB) is used as an alternative to cardiac troponins, but it lacks high specificity to the myocardium due to its presence in the skeletal muscles. This enzyme is involved in the regulation of high-energy phosphate production and utilization within contractile tissues (Bessman et al. 1985).



Fig. 1. The chemical structure of isoproterenol hydrochloride

Isoproterenol (ISO) is a catecholamine that belongs to the beta sympathomimetic agonists with a non-selective effect on both beta1- and beta2-adrenergic receptors (Fig. 1). High doses of isoproterenol are known to induce myocardial infarction in laboratory animals (Rona et al. 1959; Filho et al. 2011). The necrosis induced by ISO is mainly located in the subendocardial region of the left ventricle and the interventricular septum (Chappel et al. 1959). The mechanism of cardiac impairment caused by ISO is not clear and appears to be complex. Oxidative stress is probably one of the main causes (Tappia et al. 2001; Ojha et al. 2010). The positive inotropic and chronotropic effects of ISO at high doses lead to a depletion in the myocardial energy reserves, and thus result in biochemical and structural changes that may be responsible for the development of cardiac injury (Mahammad Rahmathulla et al. 2013). There are some newly accepted explanations describing tissue damage caused by ISO on a different molecular level, e.g. the effect of ISO on the dystrophin-glycoproteins complex which stabilizes the integrity of the sarcolemma of cardiomyocytes (Campos et al. 2008).

The aim of this experiment was to observe the kinetics of cTnI and CKMB in isoproterenolinduced cardiotoxicity model and to compare their cardiospecificity in laboratory rats.

#### Materials and Methods

# Animals

The experiment was performed *in vivo* on 42 male Wistar rats. The animals were purchased from Anlab Ltd., Prague, Czech Republic. They were bedded on wood shavings and given a standard diet (diet for small laboratory animals M1) and water *ad libitum*. The temperature and humidity were in accordance to the conditions specified in Decree No. 419/2012 Coll. The experimental protocol was approved and monitored by the Ethics Committee of the University of Veterinary and Pharmaceutical Sciences (No. 5-2013 according to the Act No. 246/1992 Coll.)

The rats were randomly divided into 6 groups. Each group had five rats forming the experimental part and two rats as the control part. The groups differed from each other in times of blood collection (2, 4, 6, 12, 24 and 36 h). The animals were anaesthetized by subcutaneous administration of a mixture of tiletamine and zolazepam

(Zoletil<sup>®</sup> plv. Virbac Co.) that was dissolved in *aqua pro injectione*, at a dose of 80 mg/kg body weight (b.w.). After blood collection, the animals were sacrificed by intrathoracic application of T61<sup>®</sup> (solution of embutramid, mebezonium iodide, and tetracaine hydrochloride, Intervet Co.).

#### Isoproterenol

Isoproterenol (ISO) (Isoproterenol Hydrochloride, Sigma-Aldrich Co.) was dissolved in an isotonic 0.9% NaCl solution (sterile saline solution). The appropriate way of administration and dose of ISO were chosen based on a pilot study from 2012 (Table 1). Isoproterenol was administered intraperitoneally at a dose of 50 mg/kg b.w. to animals named as ISO animals. The control animals were treated with pure 0.9% NaCl administered by the same route.

Table 1. Isoproterenol-induced cardiotoxicity. Results of a pilot study performed previously.

	Administration	n	Dosage	Mortality (%)
Group 1	S. C.	5	100 mg/kg b.w. <sup>(1)</sup>	100
Group 2	<i>i. p.</i>	3	50 mg/kg b.w. <sup>(2)</sup>	0
Group 3	<i>i. v.</i>	4	4 mg/kg b.w. <sup>(3)</sup>	50
Control group	S. C.	1		0
	<i>i. p.</i>	1		0
	<i>i. v.</i>	1		0

n - the number of animals in each group differs with different routes of ISO administration dosage – the dose of ISO was chosen based on the toxicological data in the mentioned references: <sup>(1)</sup>Hasić et al. 2011; <sup>(2)</sup>York et al. 2007; <sup>(3)</sup>O'Brien et al. 2006

The easiest manipulation and the lowest mortality were shown in group 2

# Cardiac markers (cTnI, CKMB)

Blood samples were taken from vena jugularis and centrifuged for 5 min at RCF  $1523 \times g$ . Plasma was frozen and stored at -80 °C. The final determination was carried out on the biochemical analyser Dimension ExL (Siemens Co.) using LOCI (Luminescent Oxygen Channeling Immunoassay) to assess the concentrations of cTnI, and absorption photometry to assess the concentrations of CKMB. Both markers were assessed in each plasma sample; CK-MB concentrations were measured in  $\mu$ kat/l and cTnI concentrations in ng/ml units.

#### ECG monitoring

Besides assessing the concentrations of cardiac markers, ECG (ECG Seiva Praktik Veterinary, Czech Republic) was also used as another indicator to detect the cardiotoxicity of ISO. ECG was recorded 2 h after the administration of ISO or 0.9% NaCl sol. The parameters used to record the ECG were 50 mm/s and 20 mm/mV.

#### Statistical analysis

Statistical analysis was performed using the statistical program Unistat 5.1. Non-parametric Mann-Whitney U test was used. The results are summarized in figures and tables. Significance was determined at P < 0.01.

# Results

The mean weight of animals was  $241.0 \pm 16.4$  g. Table 2 summarizes the allocation of animals into groups, numbers of ISO and control animals, and mortality during the experiment. Differences in the concentrations of cTnI between ISO animals and control animals were significant at several time intervals (2, 4, 6, 24 h) (P < 0.01), whereas differences in the concentrations of CK-MB were non-significant (P > 0.01). There was also a difference in the kinetics of these 2 markers. Troponin showed an early onset and a more monophasic release with the maximum peak between the fourth and sixth hour. The concentrations of CKMB showed a decline in the beginning followed by an increase that continued till the end of measurement.

Table 3 presents the mean concentrations of cTnI (ng/ml) and CK-MB ( $\mu$ kal/l) detected in plasma at predetermined time intervals for each group. These results are also demonstrated in Figs 2 and 3. Figure 4 shows the ECG recordings of two animals 2 h after the *i.p.* 

ISO i. p.	Time (hours)	n <sub>1</sub>	n <sub>2</sub>	Mean weight (g)	Mortality (%)
Group 1	2	5	2	$249.3 \pm 9.1$	0
Group 2	4	5	2	$240.4 \pm 7.0$	0
Group 3	6	5	2	$238.9 \pm 12.2$	0
Group 4	12	5	2	$216.6 \pm 14.2$	0
Group 5	24	5	2	$245.3 \pm 13.5$	0
Group 6	36	5	2	$255.3 \pm 7.1$	0

Table 2. The allocation of animals into groups and mortality during the experiment.

Time – predetermined time intervals of blood collection;  $n_1$ - number of ISO animals;  $n_2$ - number of control animals; the mean weight (g) is expressed as mean  $\pm$  SD

Table 3. The mean values of cTnI and CKMB in isoproterenol (ISO) and control animals.

ISO <i>i.p.</i>	cTnI (1	ng/ml)	CK-MB (µkat/l)	
50 mg/kg b.w.	Experimental part	Control part	Experimental part	Control part
Group 1	$8.69\pm4.12$	0 <sup>1</sup> ; **	$17.67 \pm 2.38$	$15.11\pm4.50$
Group 2	$12.63\pm8.68$	01; **	$12.02 \pm 2.98$	$8.59\pm0.07$
Group 3	$12.45\pm7.22$	01; **	$16.49 \pm 3.93$	$12.36\pm0.49$
Group 4	$1.59 \pm 1.08$	$0^{1}$	$12.30 \pm 3.94$	$8.39\pm0.38$
Group 5	$2.01\pm0.58$	01; **	$11.58 \pm 3.57$	$9.38 \pm 1.68$
Group 6	$0.36\pm0.14$	$0.02\pm0.02$	$16.81 \pm 7.03$	$17.75\pm1.81$

<sup>1</sup>-LoD (limit of detection) of the assay used was 0.017 ng/ml; values of the markers are expressed as mean  $\pm$  SD; groups are divided into two parts: experimental part (ISO animals) and control part (control animals) \*\*- significance (P < 0.01) in the differences between control and experimental parts



Fig. 2. Plasma concentrations of cTnI (ng/ml) measured at predetermined time intervals Time 0 - the application of ISO at a dose of 50 mg/kg b.w.; the subsequent time intervals refer to the times of blood collection;

\*\* - significance (P < 0.01) in the differences between ISO and control animals; concentrations of cTnI in the ISO animals are expressed as mean  $\pm$  SD; concentrations of cTnI in the control group were negligible or very low



Fig. 3. Plasma concentrations of CK-MB ( $\mu$ kat/l) measured at predetermined time intervals Time 0 – the application of isoproterenol at a dose of 50 mg/kg b.w.; the subsequent time-intervals refer to the times of blood collection; concentrations of CKMB in ISO animals are expressed as mean ± SD; the differences in concentrations of CKMB between ISO and control animals were non-significant



Fig. 4. ECG record of control (4A) and isoproterenol animal (4B) at 2 h after *i.p.* administration of 0.9% NaCl sol. (4A) or ISO (4B).

The depression of the ST segment shown in Fig. 4B demonstrates the effect of ISO on the cardiac tissue and correlates with subendocardial ischaemia.

administration of 0.9% NaCl sol. (Fig. 4A) and ISO (Fig. 4B). Figure 4B shows the ST segment (area starting at the J point and ending at the beginning of the T wave on ECG record) depression with negative deflection.

# Discussion

Troponins, especially their cardiac isoforms, cTnI and cTnT, are widely used in human medicine for the detection of cardiac damage. These proteins play an important role in muscle contraction, and leave the intracellular environment of cardiomyocytes in the case of structural impairment of the heart caused by, e.g. ischaemia, cardiotoxic agents, etc.

Bertinchant et al. (1996) showed the high specificity of cTnI in human medicine and described this protein to be a suitable marker for an early and late diagnosis of acute myocardial infarction. Our experiment was based on the results of a pilot study and focused on obtaining detailed knowledge of the kinetics of cardiac enzymes (cTnI, CKMB). In addition, the goal was to optimize a method for future experiments and devise a complete model of acute isoproterenol-induced cardiotoxicity in rats.

Recently, efforts have been made to employ troponins in preclinical safety testing where they show a wide range of uses. Reagan (2010) discusses the future of troponins especially in drug development. Troponins represent a specific and sensitive tool for the assessment of cardiac damage as well as cardioprotective properties in studies where the tested substance has potential effects on the cardiac tissue.

An undoubted positive attribute of troponins is their highly preserved structure (O'Brien et al. 1997). The algorithm BLASTp (Basic Local Alignment Search Tool proteins) reports a 93% similarity in the structure of cardiac troponin I between humans and rats. The cardiac isoform of creatine kinase (CKMB) was used for a long time as a marker of choice before the era of troponins. Nowadays it is only used as an alternative to troponins or in combination.

High doses of isoproterenol lead to structural and biochemical changes in the cardiomyocytes, and energy imbalance through the activation of the beta sympathomimetic system (Rona 1985). The area that is most susceptible to hypoxia is the left ventricular subendocardium (Chapel et al. 1959; Zhang et al. 2008). Subendocardial (nontransmural) ischaemia is associated with a depression in the ST segment in human and animal models (Mirvis et al. 1986, Potse et al. 2007). This corresponds with our findings and confirms the cardiotoxicity of ISO at a dose of 50 mg/kg b.w.

The higher cardiospecificity of cTnI in comparison to CKMB demonstrated in our study is consistent with other publications dealing with the same issue in human medicine (e.g. Apple 1999) and preclinical research (e.g. Walker 2006). In our study, the myocardial specificity of cTnI was proven by the significant differences in the concentrations of cTnI between ISO animals and control animals at several time intervals (2, 4, 6, and 24 h).

One detected maximum peak at four hours indicates a more monophasic kinetics of cTnI and reflects the fact that cTnI is primarily bound to the contractile apparatus with a negligible cytosolic pool. This fact was reported by Wu et al. (1998) who pointed out to a different amount of free cTnI and cTnT in the cytoplasm, and highlighted the variance in their release from the cardiomyocytes.

York et al. (2007) described a peak of plasma cTnI concentrations at 2 h (4.3  $\mu$ g/l) after the intraperitoneal use of isoproterenol at a dose of 50 mg/kg b.w. determined by ACS:80SE. On the other hand, another immunoassay (Immulite 2000) in the same study showed a maximum peak of cTnI concentrations one hour after the administration of ISO at a much lower concentration (0.48  $\mu$ g/l). In our study, the concentration of cTnI was at its highest at the fourth hour after the administration of ISO (12.6  $\mu$ g/l). We can speculate about the influence of the anaesthesia or immunoassay used on the difference in concentrations of cTnI in these studies. Lack of uniformity in the assays is one of the few negative attributes of troponins.

Creatine kinase MB was present at significant concentrations in both ISO and control animals. Due to the non-significant differences in the concentrations of this marker between ISO animals and control animals, we can regard CKMB as a cardiac damage indicator of low specificity. The high concentrations of CKMB in control animals were probably caused by tissue injury during the invasive procedure (the access to vena jugularis), due to the presence of this isoenzyme in the skeletal muscles (Wu et al. 1992), especially the thoracic muscles.

It is important to realize that these cardiac markers do not inform about the aetiology or pathogenesis of a disease. They only reflect the final stage, and their concentrations in the blood correlate with the size of the cardiac injury. This fact limits the use of troponins in the differential diagnosis of cardiac damage, but on the other hand, it enables a wide range of use in clinical and preclinical research.

Our findings have expanded the possibility of preclinical testing of newly-synthesized substances on cardiac tissue. They have enabled the use of isoproterenol-induced acute cardiotoxicity model in assessing the cardioprotective properties of chemical substances by measuring the concentrations of troponin I.

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