

Plasma Antioxidant Changes after Acute Cadmium Intoxication in Rats

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Abstract

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Cadmium (Cd) is one of the most widespread environmental and occupational pollutants. The effects of acute cadmium exposure on indicators of antioxidant status was investigated in male and female Wistar albino rats. Administration of cadmium in single lethal dose LD₅₀ of CdCl₂ or in this dose divided into three equal doses significantly ($p < 0.001$) decreased of plasma total antioxidant status. The concentration of vitamin E was also significantly reduced ($p < 0.001$). Similar tendency had concentration of uric acid. The mild non-significant decreased was concentration of vitamin C. The changes in concentrations of vitamin A copy the changes of zinc in blood plasma. The acute exposure to Cd significantly ($p < 0.001$) increased the content of cadmium a zinc in the rats liver. These results show that acute cadmium intoxication has an unfavourable effect on plasma antioxidant status in rats caused consumption of extracellular antioxidants.

Cadmium chloride, plasma total antioxidant status, vitamin C, vitamin E, vitamin A, zinc, uric acid, rats

Cadmium (Cd) as a highly toxic metal, still attracts an attention because it is often detected in the air, water and food product extending the maximum allowable limits (Koréneková et al. 2002; Eklund and Oskarsson 1999). Exposure to cadmium can cause a variety of adverse health effects although the mechanisms of cadmium toxicity are not fully understood.

Cadmium has an extremely long half time (20 - 30 years) in the human body and is highly cumulative, especially in the liver and kidney. It is well established that Cd is bound to the sulfhydryl (-SH) groups of proteins. It can affect various metabolic processes, especially energy metabolism, membrane transport and protein synthesis (Patra et al. 1999) and may act on DNA directly or indirectly by interference with genetic control and repair mechanisms (Beyersmann and Hechtenberg 1997). Cadmium induced toxicity is implicated in generation of reactive oxygen species (ROS) and exhaustion of antioxidants (Stohs and Bagchi 1995).

The present work reports the effect of acute cadmium exposure on plasma total antioxidants status (TAS) as an integrated marker of all plasma antioxidants, and plasma concentration of individual extracellular antioxidants - vitamin C, vitamin E, vitamin A, uric acid and zinc, and content of cadmium and zinc in the rat liver.

Materials and Methods

Male and female Wistar albino rats ($n = 36$), (Medical Faculty, P.J. Šafárik University, Košice, Slovak Republic) aged 99 days of average weight 285.7 ± 48.39 g were housed under conventional conditions on a normal laboratory diet and supplied with drinking water. Animals were divided into three experimental groups (6 males and 6 females per group).

Group I of rats received LD₅₀ of CdCl₂ as a single dose given by a stomach tube. Group II of rats received in the same way LD₅₀ of CdCl₂ divided into three single doses (75 mg/kg b.w. in 1 ml solution daily) during three

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consecutive days. Group III (controls) of rats received drinking water without CdCl₂. Cadmium was given between 06.⁰⁰ - 07.⁰⁰ h by stomach tube to the experimental groups (I + II) as a cadmium chloride compound (CdCl₂ · 2H₂O, Sigma) at a dose LD₅₀ of Cd diluted in drinking water. The LD₅₀ value of Cd as CdCl₂ *per os* for rats is 225 mg/kg (Kotsonis and Klaasen 1977). The intake of drinking water and food was controlled during experiment.

After 24 h (Group I) or 72 h (Group II) rats were anaesthetized (Sodium pentobarbitale, Pentobarbital Spofa, 50 mg/kg, i.p.) and blood samples were taken from heart by puncture using heparin (Heparinum natrium 5000 IU/l inj.) as an anticoagulant. Samples were centrifuged at 1500 g for 15 min. and the plasma specimens were used for determination followed parameters.

The plasma total antioxidant status was determined by a spectrophotometric method with a RANDOX kit (Total antioxidant status, Randox laboratories, UK). The measurement was carried out on an automatic spectrophotometric analyser Cobas Mira S (Roche, Switzerland). The concentrations of vitamin E and vitamin A were determined by HPLC method according to Sanz-Cuesta and Santa-Cruz (1986) and of vitamin C by colorimetric method according to Roe and Kuether (1943). The plasma concentration of zinc and uric acid were measured using commercial kits (WAKO Chemicals GmbH, DE, and Pliva-Lachema, Czech Republic, respectively). The content of cadmium and zinc in the liver were analyzed using an atomic absorption spectrophotometer (Unicam Solar, 939).

The results were evaluated using Student's *t*-test and ANOVA. Statistical significance was accepted at $p < 0.05$.

The experiment was conducted according to the principles provided in the Act No. 115/1995 Coll. of Slovak Republic for the Care and Use of Laboratory Animals.

Results

In the course of acute cadmium exposure 4 females and 1 male from Group I and 4 males and 2 females from Group II group died. During the whole experiment the animals were anxious, had accelerated breathing, and visible bloody discharge from nostrils and eyes. The internal organs were macroscopically enlarged and marked congested.

The intake of food and water were decreased in both group in comparison to the control group. The body weight of rats in Group I decreased significantly from the initial weight of 317.1 ± 48.21 g to 296.4 ± 47.49 g ($p < 0.01$) at the end of experiment and in Group II from 265.0 ± 48.48 g to 242.5 ± 44.47 g ($p < 0.01$). No significant differences in controls were observed (275.0 ± 46.22 g vs 280.0 ± 51.52 g).

Changes in antioxidants during acute cadmium exposure in Wistar albino rats are summarized in Table 1. The cadmium and zinc contents in the liver of rats are presented in Table 2.

Table 1. Changes in antioxidant parameters after acute cadmium exposure in rats

Indices	Control group	Group I	Group II
TAS (mmol/l)	1.21 ± 0.13	$0.73 \pm 0.08^{***}$	$0.93 \pm 0.11^{***}$
C vitamin ($\mu\text{mol/l}$)	50.22 ± 10.98	39.31 ± 13.41	42.29 ± 14.60
E vitamin ($\mu\text{mol/l}$)	8.38 ± 3.69	$3.84 \pm 0.73^{***}$	$4.83 \pm 1.39^{**}$
A vitamin ($\mu\text{mol/l}$)	1.61 ± 0.18	$1.37 \pm 0.28^{**}$	$2.97 \pm 0.64^{***}$
Zinc ($\mu\text{mol/l}$)	16.02 ± 3.38	15.92 ± 3.21	$18.66 \pm 1.77^*$
Uric acid ($\mu\text{mol/l}$)	45.0 ± 7.93	$33.0 \pm 6.78^{***}$	$36.16 \pm 9.70^*$

Data are expressed as means \pm SD. Significant differences calculated from those in control group are designated as: * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$

Table 2. Effect of cadmium on content of cadmium and zinc in the liver

Indices	Control group	Group I	Group II
Cadmium (mg/kg)	0.038 ± 0.007	88.61 ± 9.69***	154.79 ± 40.24***
Zinc (mg/kg)	57.33 ± 4.18	87.50 ± 4.54***	119.66 ± 73.28***

Data are expressed as means ± SD. Significant differences calculated from those in control group are designated as : * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$

Discussion

Environmental contamination by different agents is recognized as a world-wide problem. Various possible mechanisms have been suggested to explain the damage induced by heavy metals. Proteins are major targets of damage by metals and the loss of protein function is usually a consequence of their modification by metals. Metals have a special affinity toward (-SH) groups of proteins. By covalent binding to (-SH) groups, metals can block the functional sites of the catalytic or binding domains of enzymes, or modify protein conformation.

The second possible mechanism may be the displacement of metal, which is essential for biological activity of a molecule by another one. Most frequently, zinc-requiring enzymes are inactivated through direct displacement of zinc by another metal ion from the binding site. Transition metals are known to be able to generate extremely reactive oxygen species. A number of authors have focused their attention on the influence of chronic cadmium intoxication on activity of intracellular antioxidants, but measurements of total antioxidant status as an integrated marker of extracellular antioxidants after metal intoxications are rare. Acute exposure to cadmium can cause a variety of adverse effects for the health status. It was demonstrated that cadmium is a potent inducer of the cell oxidative stress and affect antioxidant defence potential biphasically by inhibition and enhancement of several antioxidant enzymatic and non-enzymatic molecule activity (Sarkar et al. 1998; Gupta et al. 1991).

In our experiment significantly decreased TAS ($p < 0.001$) in both groups after acute cadmium exposure could be an answer of plasma antioxidants to an elevation reactive oxygen species. Vitamin C and vitamin E together constitute only 12% of the TAS in comparison with uric acid, which constitutes 33% of the TAS (Miller et al. 1993).

Cadmium is a nephrotoxic metal (Friberg 1948). The proximal tubules of the kidney are a major target of chronic cadmium-induced toxicity. The development of cadmium-induced lesions in the kidney is characterized by proteinuria and excessive urinary excretion of other substrates such as enzymes, amino acids, and glucose (Thevenod and Friedmann 1999). Exposure of renal cells to cadmium causes apoptotic features, DNA fragmentation and chromatin condensation in earlier stages of cadmium cytotoxicity than the cadmium-induced necrotic phase (Ishido et al. 1998). During acute cadmium intoxication the concentration of uric acid was significantly reduced in Group I ($p < 0.001$) and in Group II ($p < 0.01$). Observed hypouricaemia could be caused by a decreased uric acid synthesis or increased excretion of uric acid by kidneys.

One important antioxidant in blood plasma and tissues with a very wide spectrum of biological effect is ascorbic acid (vitamin C). Ascorbic acid is produced from the ultimate hexose precursor D-glucose. After the pathway of ascorbic acid biosynthesis had been established, it was soon revealed that in tissues of humans, monkeys and guinea pigs, there is no activity of the terminal enzyme of the pathway, L-gulonolactone oxidase (GLO), (Nishikimi and Yagi 1996). Mice, rats and rabbits synthesize vitamin C in their livers.

Kostic et al. (1993) have observed elevated plasma concentration of ascorbate and tocopherol as a biological response to chronic cadmium chloride intoxication. During acute cadmium intoxication no significant changes of vitamin C were observed. It seems that changes in concentration of vitamin C are time dependent because in response to Cd intoxication the rats in Group II began more to produce vitamin C in comparison to rats in Group I. Contrary to their results Shukla and Chandra (1989) showed that i.p. administered cadmium (0.4 mg/kg/day) induces a significant decline in plasma tocopherol after 30 days. In our experiment, the concentration of vitamin E was significantly reduced in Group I ($p < 0.001$) and in Group II ($p < 0.01$).

The fact that zinc clearly plays a major role in the toxicity of cadmium may well be due to the similar chemical nature of cadmium and zinc and their common interactions within living systems. This similar chemistry, combined with the greater affinity of cadmium for various bioligands, probably allows to displace zinc in many biological processes. Zinc as an antagonist of cadmium was after 24 h (Group I) from application of cadmium nonsignificantly decreased but after 72 hs (Group II) its concentration was increased ($p < 0.05$).

Changes in the concentration of vitamin A copied changes in the concentration of zinc in blood plasma. Cadmium intoxication activated the Zn pool in organism. Very important are positive correlation between concentration of zinc in blood plasma and vitamin A ($r = 0.84$; $p < 0.01$), between concentration of zinc in blood plasma and TAS ($r = 0.68$; $p < 0.05$), and between vitamin A and TAS ($r = 0.77$; $p < 0.01$). Zinc and vitamin A contribute to increasing concentration of TAS. Significantly decreased concentration of retinol in kidney and testis after 48 h cadmium intoxication was observed by Massanyi et al. (1999).

In Group I of rats the content of cadmium in the liver was 88.61 mg/kg that represent 39.38% from dose LD_{50} of Cd. In Group II the content of cadmium in the liver was 154.79 mg/kg that represent 68.79% from dose LD_{50} of Cd. Daily cumulation of Cd in this group was 51.59 mg/kg that from the daily dose (75 mg/kg) is 68.79%. The content of zinc in the liver was significantly increased ($p < 0.001$) in both experimental groups.

From the present results it can be concluded, that acute cadmium intoxication caused a significant reduction of the plasma total antioxidant status and individuals extracellular antioxidants in rats.

Zmeny plazmatických antioxidantov spôsobené akútnou intoxikáciou kadmium u potkanov

Kadmium je ťažký kov a stabilný polutant životného a pracovného prostredia. Neschopnosť degradovať sa prírodnými procesmi spôsobuje, že sa kadmium kumuluje (geo-, bio-, ekokumulácia) a môže spôsobovať akútne a chronické intoxikácie. Kadmium spôsobuje zvýšenú produkciu bioreaktívnych foriem kyslíka a iných radikálov, ktoré indukujú oxidačný stres. Je to následok toxického účinku kadmia a vyčerpania antioxidantov v organizme. Sledovali sme účinok akútnej intoxikácie kadmium na antioxidačné parametre plazmy u potkanov oboch pohlaví kmeňa Wistar. Kadmium vo forme $CdCl_2$ sme aplikovali v jednorázovej letálnej dávke LD_{50} (225,0 mg/kg) a rovnakú dávku rozloženú na tri aplikácie (75 mg/kg ž.hm. denne) jednorázovej dávky v 1 ml roztoku. Akútna intoxikácia kadmium významne ($p < 0.001$) znížila koncentráciu celkovej antioxidačnej kapacity plazmy, vitamínu E a kyseliny močovej. Koncentrácia vitamínu C bola znížená nesignifikantne. Tendencia zmien v koncentrácii vitamínu A kopirovala zmeny v koncentráciách zinku v krvnej plazme. Obsah kadmia a zinku v pečeni potkanov bol významne zvýšený ($p < 0.001$).

Získané výsledky poukázali na nepriaznivé účinky akútnej intoxikácie kadmium na parametre antioxidačnej ochrany. Oprava oxidačného poškodenia organizmu nemusí byť

stále efektívna a je ťažká. Oveľa efektívnejšia je prevencia, t.j. minimalizovanie zdrojov tvorby voľných radikálov a využitia prirodzeného efektu látok v potravinách, ktoré pôsobia antioxidantne.

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