Detection of Avian Influenza Virus of H9 Subtype in the Faeces of Experimentally and Naturally Infected Chickens by Reverse Transcription-Polymerase Chain Reaction

H. NOROOZIAN¹, M. VASFI MARANDI¹, M. RAZAZIAN²

¹Department of Clinical Sciences, Faculty of Veterinary Medicine, University of Tehran, Tehran-Iran ² Private Practitioner

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Abstract

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Avian Influenza (AI) is a viral, highly contagious disease of domestic and wild birds. In an avian diagnostic laboratory, it is essential to have methods for rapid detection of respiratory viruses. In the present study, cloacal swabs collected from chickens experimentally and naturally infected with mild pathogenicity AI virus subtype H9, used in a reverse transcription-polymerase chain reaction (RT-PCR) assay for detection of AI. On cloacal swabs collected from experimentally infected chickens, AI virus was detected most frequently between days 3 and 7 post infection (p.i.) and the relative sensitivity, specificity, correlation rate, positive predictive value and negative predictive value of the RT-PCR compared to virus isolation (VI) assay were 84%, 80%, 82%, 83% and 81%, respectively. On pooled cloacal swabs collected from flocks suspected of AI, these results were 96%, 100%, 97%, 83% and 100%, respectively. The results proved that the RT-PCR assay could be a reliable and rapid alternative to VI assay for detection of AI virus subtype H9 in faccal specimens.

AI, RT-PCR, H9, cloacal swabs

Avian influenza (AI) is a viral, highly contagious disease of domestic and wild birds (Murphy et al. 1999). Influenza A viruses of subtype H9N2 are now considered to be widespread in poultry and have demonstrated the ability to infect humans (Fedorko et al. 2006; Liu et al. 2003; Swayne et al. 2003). In Iran, H9N2 subtype outbreaks have been frequently recorded since 1998 (Nili and Asasi 2003; Vasfi Marandi and Bozorgmehri Fard 1999).

Because mildly pathogenic AI infection in chickens does not cause any pathognomonic clinical sign, the presence of the infection should be determined by diagnostic tests (Spackman et al. 2002). In the diagnostic laboratory, it is essential to have methods for rapid diagnosis of avian respiratory viruses, particularly for the detection of viruses in early stages of the infection in clinical specimens (Cattoli et al. 2004).

Virus isolation (VI) is regarded as the "gold standard" among different methods for influenza virus detection (Allwinn et al. 2002; Booth et al. 2006; Gavin et al. 2003; OIE 2004). However, as a diagnostic method, VI has some important disadvantages. By this method, samples should be transferred quickly to the laboratory and processed immediately to avoid inactivation of the virus (Allwinn et al. 2002). Virus culture is laborious and results are generally available in four to five days and a definitive negative diagnosis may require culture for up to 2 weeks (Aldous and Alexander 2001; Cattoli et al. 2004; Gavin et al. 2003; Gohm et al. 2000). Therefore, the use of rapid, validated alternative

tests for diagnosis of AI could be advisable (Cattoli et al. 2004). Serological methods can detect a suspected case of influenza; at least, 1 - 2 weeks post infection. Two pairs of sera samples should be collected during acute and convalescence periods of disease (Allwinn et al. 2002).

New rapid diagnostic kits for influenza can detect viral antigens within 10 - 30 min and do not require a viable virus and, therefore, are less prone to bad conditions of sample storage and transfer (Allwinn et al. 2002). But, overall, there are controversial results about the satisfactory sensitivity and specificity of these kits (Cattoli et al. 2004; Davison et al. 1998; Dominguez et al. 1993; Fedorko et al. 2006; Gavin et al. 2003; Hermann et al. 2001; Ryan-Poirier et al. 1992; Waner et al. 1991; Woolcock et al. 2005).

Reverse transcription-polymerase chain reaction (RT-PCR) technology is going to revolutionize influenza diagnosis and monitoring (Swayne et al. 2003). Compared to VI, sample homogenization, RNA extraction and RT-PCR could be completed within one day (Gohm et al. 2000) and this molecular technology reduces the handling of infectious materials (Spackman et al. 2002).

AI virus shedding in chicken faeces has been previously described (Swayne et al. 2003). The faeces are one of the most important sources of AI virus (OIE 2004). Virus detection in faeces allows the detection of AI in live domestic or wild birds. Particularly, in migratory birds, this could be an important tool for detection of latent AIV infection and epizootiological surveys.

The aim of this study was to set up a rapid, sensitive and specific RT-PCR assay for simultaneous detection and subtyping of AIV of H9 subtype in faecal specimens. The efficiency of this RT-PCR assay was compared with standard VI assay of AI virus in embryonated chicken eggs.

Materials and Methods

Faecal swabs sampling

Cotton swabs were used to prepare faecal samples from birds. Swabs were placed into tubes containing 1 ml PBS solution (pH 7.2) and antibiotics (10.000 IU/ml penicillin, 1 mg/ml streptomycin sulphate, 1mg/ml gentamicin sulphate, 20 IU/ml nystatin).

Experimental infection

Virus strain

Reference strain of A/chicken/Iran/ZMT-101/98 (H9N2) was used for experimental infection of chickens. Intravenous pathogenicity index (IVPI) of this field strain was 0.26 as mild pathogenic avian influenza (MPAI) virus (Vasfi Marandi and Bozorgmehri Fard 2001).

Chickens

Twenty four-week-old commercial broiler chickens that had never been exposed to AI subtype H9 and had no antibodies to AI, were used in this experiment. The chickens were divided in two ten-bird groups including test and control groups.

Experimental design

Chickens of the test group were inoculated via oculo-nasal route with 0.2 ml of infectious allantoic fluid containing 2×10^{75} EID₅₀ of the applied virus strain diluted in sterile PBS solution (pH 7.2) (day 0 of the experiment). Faecal samples were obtained daily from chickens of the test and control groups until day 10 post infection (p.i.) and stored separately at -70 °C for the following analysis. All of the faecal samples collected from chickens of the test group and those collected on days 0, 5 and 10 p.i. from control group were used in VI and RT-PCR.

Haemagglutination test (HI)

Blood samples were collected on the pre-inoculation, 7th and 14th days p.i. from all chickens and sera were tested against specific antibodies to H9 antigen by using HI-test, according to the manual of standards for diagnostic tests (OIE 2004).

Field samples

Faecal samples were collected from 30 flocks submitted to the poultry diagnostic laboratory of the Faculty of Veterinary Medicine that were suspected of being infected by AI. Cloacal swabs collected from a flock were pooled and stored separately at -70 $^{\circ}$ C for the following analysis.

Virus isolation (VI)

This was performed according to the standard method (Senne 1998). Briefly, a volume of 0.2 ml of faecal samples prepared for virus isolation were inoculated into chorioallantoic sac of 9- to 11-day-old embryonated chicken eggs from healthy mycoplasma free raised chickens. Each sample was inoculated into three eggs and incubated at 37 °C for up to 6 days. Eggs were candled daily and embryos dying within 24 h post inoculation were discarded. All other eggs with embryos dying were transferred to 4 °C for further testing. Chorioallantoic fluids (CAFs) were harvested, clarified by low speed centrifugation and tested for haemagglutinating activity (HA). All of the HA negative CAFs were inoculated for the second passage.

RT-PCR

RNA extraction

Viral RNA was extracted with the RNXTM-Plus solution (CinnaGen, Iran) according to the manufacturer's instruction with a little modification. Briefly, in an RNAse-DNAse free 1.5 ml eppendorf tube, 1 ml of RNXTM-Plus solution was added to 200 μ l of faecal sample. After shaking, 200 μ l of chloroform-isoamyl alcohol (24:1) was added and the mixture was centrifuged at 10,000 *g* at 4 °C for 15 min. Equal volume of isopropanol was added to the upper phase in a new tube. The mixture was centrifuged at 12,000 *g* at 4 °C for 15 min. The supernatant was discarded and 1 ml of 75% ethanol was added to the pellet. After centrifugetion at 4,000 *g* at 4 °C for 5 min, the soup was discarded and and the pellet was dried at room temperature for few minutes. Finally, the pellet was diluted in 20 μ l distilled water containing DEPC (diethyl pyrocarbonate) and quickly used in RT reaction.

RT reaction

For reverse transcription, 200 u M-MVLV reverse transcriptase (Fermentas, Canada), 20 u RNAse inhibitor (CinnaGen, Iran), 4 μ l 5 × RT buffer, 2 μ l 10 mM dNTP₅, 2 μ l Uni-12 primer (20 pmol) and 5.5 μ l DEPC treated water, were added to 5 μ l RNA solution. The Uni-12 primer sequence was: 5' - AGC AAA AGC AGG -3' (Peiris et al. 1999). The mixture was incubated at 43 °C for 1 h and then heated to 95 °C for 2 min and subsequently chilled on ice.

PCR reaction

For PCR, 1.25 u Taq DNA polymerase (Cinnagen, Iran), 2.5 μ l 10 × PCR buffer, 0.5 μ l 10 mM dNTPs, 1 μ l sense and antisense primers (each) (10 pmol) and 16.5 μ l double distilled water were added to 2.5 ml cDNA mixture. The sequence of HA primers was: Sense 5'- TTG CAC CAC ACA GAG CAC AAT-3' and Antisense 5'- TGA TGT ATG CCC CAC ATG AA-3' (Peiris et al. 1999).

The amplification protocol was: One step of denaturation at 95 °C for 2 min, followed by 40 cycles of denaturation at 95 °C for 1 min - annealing at 50 °C for 1 min - extension at 72 °C for 1 min, and one step of final extension at 72 °C for 10 min. Samples with RNAse free sterile water instead of specific template used as negative controls and RNA extracted from the CAF containing challenge virus used as positive control. The 432-bp product was detected by 1.5% agarose gel electrophoresis.

Analytical sensitivity and specificity of RT-PCR

The sensitivity of the RT-PCR assay was determined according to the standard method (Villegas 1998). Briefly, serial dilutions of the challenge virus in sterile PBS solution ranging from 10^{-1} to 10^{-9} were prepared and inoculated into 9-day-old embryonated chicken eggs. EID₅₀ titration was determined and all dilutions were examined by the RT-PCR assay for detection of AIV. To evaluate the specificity of the RT-PCR, allantoic fluids containing NDV (La Sota strain) and IBV (H120) were used.

Results

Experimental infection HI test

All of the pre-inoculation serum samples obtained from test and control groups of chickens were AI antibody negative. Seroconversion was observed in the test group on day 7 and 14 p.i. In the control group, no seroconversion was observed on day 7 and 14 p.i. (Table 1).

Virus detection by virus isolation method

To evaluate AIV detection by VI method, faecal samples from 10 different birds/days in the test group were screened by VI assay. First positive samples were seen on day 2 p.i. and the last positive sample was detected on day 10 p.i. Most positive results were detected on days 3, 4, 5, 6 and 7 p.i. The percentage of positive samples to total ranged from 10 to 100% (Table 2). The faecal samples obtained from chickens of the control group, were all negative in VI method.

Fable 1. Avian influenza H9 serum antibody titration (Mean \pm SD) of the test and control groups of chickens
experimentally infected with AI virus of A/Chicken/Iran/ZMT-101/98 (H9N2) strain related to the day post
inoculation

Day p.i Groups	Day 0 p.i.	Day 7 p.i.	Day 14 p.i.
Test	0	$5.4\pm0.8^{\mathrm{a}}$	6.6 ± 1.3^{b}
Control	0	0	0

a) CV = 15%

b) CV = 19.6%

Table 2. AIV detection by virus isolation (VI) and RT-PCR in faecal samples of chickens experimentally infected with AI virus of A/Chicken/Iran/ZMT-101/98 (H9N2) strain related to the day post inoculation (p.i)

Day p.i Test	1	2	3	4	5	6	7	8	9	10	Total
VI	0ª/10b	1/10	7/10	7/10	9/10	10/10	9/10	4/10	1/10	1/10	49/100 (49%)
RT-PCR	0/10	1/10	6/10	8/10	10/10	8/10	6/10	4/10	3/10	1/10	47/100 (47%)

a) number of positive samples

b) number of total samples

Virus detection by RT-PCR method

Faecal samples from 10 different birds/days in the test group were evaluated by RT-PCR assay, too. First positive samples were seen on day 2 p.i. and the last positive sample was detected on day 10 p.i. Most positive samples were detected on days 3, 5, 6 and 7 p.i. The percentage of positive samples to total ranged from 10 to 100% (Table 2). The faecal samples obtained from chickens of the control group, were all negative in RT-PCR method. The RT-PCR results of day 7 p.i. are shown (Fig. 1).

Field samples

VI was positive for 5 out of 30 samples. All AI isolates were typed as H9 by the HI test. By the RT-PCR, 6 out of 30 samples were positive.

Relative sensitivity, specificity and correlation rate, positive predictive value and negative predictive value of RT-PCR compared to VI

Experimental infection

A total number of 39 out of 100 samples were positive and 43 were negative with both RT-PCR and VI assays. Ten negative samples with RT-PCR were found positive with VI assay. Eight positive samples with RT-PCR were negative with VI assay (Table 3). None of the negative controls were positive. Chi-square test was used to compare the results of two tests, statistically. The relative specificity, sensitivity, correlation rate, positive predictive value and negative predictive value of RT-PCR compared with VI were 84%, 80%, 82%, 83% and 81%, respectively.

Table 3. Comparison between virus isolation (VI) and RT-PCR assays in faecal samples of chickens experimentally infected with AI virus of A/Chicken/Iran/ZMT-101/98 (H9N2) strain

VI RT-PCR	Positive	Negative	Total RT-PCR samples
Positive	39	8	47
Negative	10	43	53
Total VI samples	49	51	100

Field samples

A total number of 5 out of 30 samples were positive and 24 were negative with both RT-PCR and VI assays. No negative sample with RT-PCR was found positive with VI assay but, one positive sample with RT-PCR was negative with VI assay (Table 4). The relative specificity, sensitivity, correlation rate, positive predictive value and negative predictive value of RT-PCR compared with VI were 96%, 100%, 97%, 83% and 100%, respectively.

VI RT-PCR	Positive	Negative	Total RT-PCR samples
Positive	5	1	6
Negative	0	24	24
Total VI samples	5	25	30

Table 4. Comparison between virus isolation (VI) and RT-PCR assays, in field samples collected from flocks suspected to AI

Analytical sensitivity and specificity of RT-PCR

The detection limit of the RT-PCR was determined to be approximately equivalent to $10^{3.5}$ EID₅₀. The RT-PCR did not cross-amplify Newcastle disease virus (La Sota) and infectious bronchitis virus (H120) strains.



Fig. 1. The RT-PCR results of 10 faecal swabs collected at day 7 post inoculation from chickens infected with AI virus of A/Chicken/Iran/ZMT-101/98 (H9N2) strain. Lanes 1 and 14, 100bp marker; lanes 2-11, faecal samples from chickens of numbers 1-10, respectively; lane 12, negative control and lane 13, positive control.

Discussion

RT-PCR method has previously been used to detect influenza A virus in throat and nasal specimens collected from humans, pigs and horses (Claas et al. 1993; Oxburgh et al. 1999; Schorr et al. 1994; Yamada et al. 1991) and to detect avian respiratory viruses in clinical specimens (Fouchier et al. 2000; Gohm et al. 2000; Handberg et al. 1999; Munch et al. 2001; Starick et al. 2000).

Gohm et al. (2000) reported that Newcastle disease virus (NDV) in clinical samples from experimentally and contact-infected chickens could be quickly, easily and reliably detected by the RT-PCR assay until the end of the experiment (day 28 p.i.) in caecal tonsils, kidneys and faecal samples and NDV detection by RT-PCR lasted longer after infection than by VI using embryonated eggs. They suggested that RT-PCR is more sensitive than VI to detect NDV neutralized by specific antibodies. In the study of Gohm et al. (2000), the RT-PCR assay results of proventriculus and intestine were negative, although faecal samples were positive at the same time. It is suggested that faecal sample is a homogenate in itself and can be used for RNA extraction of viruses excreted in faeces, without further processing. It is possible that only distinct parts of the intestinal tract contain faecal excreted viruses at a given time, and therefore faecal samples passed through the whole intestine can be enriched with high amounts of the viruses. Furthermore, the viruses originating from kidneys are also excreted in faeces. Also, because of a high bacterial load and toxic substances, it is sometimes difficult to perform virus detection in faeces by VI (Gohm et al. 2000). Therefore, RT-PCR could be a valuable alternative test.

Results of comparison of RT-PCR and IHC (Immunohistochemistry) assays showed that RT-PCR could detect infectious bronchitis virus (IBV) in 82% of the samples collected up to 3 days p.i. from chickens experimentally infected with IBV reference strains, while the corresponding figure for IHC was 60%. There was a good correlation between the results of the two techniques, although the sensitivity of the RT-PCR assay was greater than IHC (Handberg et al. 1999).

Hermann et al. (2001) developed a nested multiplex RT-PCR for simultaneous detection and typing of influenza A. Target sequences were located in the HA gene. The efficiency of the RT-PCR assay was evaluated by comparing the results with VI on clinical specimens collected from influenza suspected patients. Sensitivity and specificity of the RT-PCR compared with VI were 95.4% and 86.6%, respectively. The detection rate of this nested multiplex RT-PCR assay was clearly higher than was found in another HA gene-nested multiplex RT-PCR (Magnard et al. 1999), but lower than reported from a study using matrix gene as the target (Wallace et al. 1999). These results suggest that the type of the target gene and length of the amplified segment may affect the sensitivity of RT-PCR.

Atmar et al. (1996) applied a RT-PCR assay for detection of influenza A virus on clinical specimens. Compared with VI, the RT-PCR assay had a sensitivity, specificity and efficiency of 95%, 98% and 97%, respectively. These results were better than one of the best commercially available diagnostic kit (Directigen[®], Becton Dickson).

Cattoli et al. (2004) compared RT-PCR and Directigen[®] diagnostic kit with VI on specimens collected from experimentally infected birds and indicated that VI assay could detect infectious virus in the tracheal swabs of the infected turkeys from day 3 to 10 post challenge, Directigen[®] diagnostic kit from day 5 to 10 post challenge, and RT-PCR from day 3 to 12 post challenge. In field samples obtained from naturally infected poultry flocks, the relative sensitivity, specificity and correlation rate of the RT-PCR assay compared to VI were 95.6%, 96.3% and 88%, respectively. Overall, there was a good correlation between the results of the three tests (Cattoli et al. 2004).

Some researchers have reported that RT-PCR results did not correlate as well with VI, as some samples were positive by only one method. Munch et al. (2001) and Spackman et al. (2002) reported that the differences in the detection of AIV between VI and RT-PCR assays can probably be explained, at least in part, by what the assays are detecting. RT-PCR, in contrast to VI, is able to detect viruses inactivated during transfer or by disinfectants present in environmental samples. It was estimated that non-infectious particles constitute as much as 90% of some virus preparation (Hirst et al. 1973). Additionally, all influenza virus isolates may not be readily adapted and replicated to detectable titres in embryonated chicken eggs within two passages (Spackman et al. 2002). Also, false positive results due to cross contamination can cause some samples to be RT-PCR positive and VI negative (Hermann et al. 2001).

Conversely, some factors may adversely affect the sensitivity of RT-PCR versus VI and inhibit detecting the presence of AIV. Koch (2003) and Wilde et al. (1990) reported RT-PCR inhibitory substances in some tissue or faecal samples. Single step RT-PCR method is supposed to be less sensitive than a two-step RT-PCR method (Nakamura et al. 1993).

In the field studies, swab samples are generally taken from living birds and organ samples are taken from dead birds. Extracted RNA may be degraded more rapidly in organ samples

containing higher levels of RNAse, so that swab samples may generally yield better results. Alternatively, choosing a suitable RNA extraction method could assure the extraction of pure RNA (Spackman et al. 2002) and decrease the risk of RNA degradation (Horimoto and Kawaoka 1995).

The sensitivity and specificity of PCR-based methods are most critically determined by the choice of primers (Fouchier et al. 2000), particularly for the surface glycoprotein genes of AI viruses which have a high frequency of variations (Swayne et al. 2003). Negative and positive controls should be included in the RT-PCR protocol to refuse the possibility of false results (Gohm et al. 2000; Hermann et al. 2001). The primers used in the present study had been chosen from highly conserved area of the viral HA gene. These primers had successfully amplified mammalian and avian H9N2 isolates and had not crossamplified any other human or avian influenza viruses of H subtypes as reported by Peiris et al. (2003). The sequence of this specific primer set was evaluated by BLAST software in order to assure its annealing efficiency.

Regardless of the method chosen for sensitivity determination, it is difficult to ascertain the minimum number of target viruses needed for a detectable PCR product (Hermann et al. 2001). We recorded a lower analytical sensitivity $(10^{3.5} \text{ EID}_{50})$ for the RT-PCR compared with other reports (Cattoli et al. 2004; Fouchier et al. 2000; Hermann et al. 2001). This might be due to the different materials and protocols applied in the present study, to different virus strain and subtype tested or to the nature and quality of the samples.

The recorded relative sensitivity, specificity and correlation rate of the RT-PCR on faecal samples of experimentally infected chickens in the present study were somewhat lesser than those of similar reports (Atmar et al. 1996; Boivin et al. 2001; Cattoli et al. 2004; Hermann et al. 2001; Steininger et al. 2002; Taubenberger et al. 2001). On the field samples, better relative sensitivity and specificity have been reported. It is suggested that the birds submitted for necropsy to a diagnostic laboratory, usually represent birds with the most clinical signs and presumably with the most virus shedding. In contrast, the testing of every bird in an animal experiment does not skew samples toward birds with the most viruses (Woolcock et al. 2005).

The true specificity of the RT-PCR in the present study and similar reports is probably higher than observed. This could be related to a loss of viability of the virus during sample transfer or storage. Serological evidences can confirm if one case or flock detected positive by RT-PCR and negative by VI has been truly infected. Some other assays, such as the sequencing of the amplified product, restriction fragment length polymorphism (RFLP) and hybridization can confirm the RT-PCR results.

In conclusion, the RT-PCR assay reported in this study can be used for simultaneous detection and subtyping of AIV of H9 subtype in a faecal sample as a rapid, sensitive and specific alternative to VI. This assay may be a reliable method for screening AI infected live domestic or wild birds and monitoring commercial flock to detect H9 subtype in early stages of infection. However, monitoring HA gene sequence of new H9 isolates for the detection of probable genetic variations in the primers annealing sites is essential to assure the satisfactory efficiency of the RT-PCR in detection of new isolates.

Detekce subtypu H9 viru aviární influenzy ve fécés experimentálně a přirozeně infikovaných kuřat pomocí RT-PCR

Aviární influenza (AI) je vysoce kontagiózní virové onemocnění domácích a divokých ptáků. V diagnostické laboratoři onemocnění ptáků je nezbytné mít k dispozici testy rychlé detekce virů dýchacího aparátu. V této studii byly prováděny kloakální výtěry u kuřat experimentálně a přirozeně infikovaných slabě patogenním subtypem H9 viru AI,

ten byl pak detekován pomocí RT-PCR (reverse transcription-polymerase chain reaction nebo reverzní transkriptázová-polymerázová řetězová reakce, ale spíš se to nepřekládá). V kloakálních výtěrech experimentálně infikovaných kuřat byl virus AI detekován nejčastěji mezi 3. až 7. dnem po infekci (p.i.). Relativní senzitivita, specificita, prevalence, pozitivní prognostická hodnota a negativní prognostická hodnota. RT-PCR u těchto kuřat byly v porovnání s izolací viru (VI) 84%, 80%, 82%, 83% a 81%. Ve směsných vzorcích kloakálních výtěrů hejn podezřelých z nákazy AI byly tyto hodnoty 96%, 100%, 97%, 83% a 100%. Výsledky ukázaly, že RT-PCR by mohla být spolehlivá a rychlá alternativa izolace viru pro detekci subtypu H9 viru AI ve vzorcích fécés.

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