

Biomaterials and Stem Cells in the Treatment of Articular Cartilage, Meniscal, Physeal, Bone, Ligamentous and Tendineous Defects

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Abstract

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This review briefly summarizes existing results and main trends in experimental studies dealing with the possibilities of the use of biomaterials and mesenchymal stem cells in the treatment of diseases affecting tissues derived from the mesoderm, i.e. articular cartilage, meniscus, physis, bone, ligaments and tendons. The aim of these experimental studies is to find optimal forms of treatment of the diseases of individual parts of the musculoskeletal system using methods of tissue engineering with the use of stem cell transplantation.

Tissue engineering, mesenchymal stem cells, cartilage, physis, joint, meniscus

Optimally, the result of the injured tissue treatment should be complete regeneration of the original tissue, while maintaining the same functional properties of the tissue before injury. The aim of current experiments is to find such therapeutic methods and procedures that correspond as much as possible to this ideal therapy. The most perspective in this respect appears the use of not only newly developed biomaterials but especially the transplantation of stem cells (that have the potential to differentiate into a number of tissues), or possibly the transplantation of stem cells in combination with biomaterials.

The ability of mesenchymal stem cells to differentiate into tissues of mesoderm elicited great interest in experimental examining of the possibilities of their use in the treatment of injuries and defects of individual components of the musculoskeletal system (cartilages, bones, ligaments, muscles and tendons) (Ahn et al. 2004; chen et al. 2003; Dressler et al. 2005; Gál et al. 2007; hoemann et al. 2005; Lee and hui 2006; Plánka et al. 2007; shirley et al. 2005). In connection with the fulfillment of our research plan that focuses on the use of newly synthesized biomaterials in combination with stem cells in the treatment of diseases affecting tissues derived from mesoderm, we present a brief summary of existing uses and main trends of experimental applications of biomaterials of mesenchymal stem cells (Msc) in orthopaedics.

Biomaterials

The importance of newly developed biomaterials is partly in their independent use as bio-compatible tissue substitutes, partly also in combination with stem cells to which they serve as a suitable scaffold in the process of transplantation (Jan á et al. 2007a). The scaffold properties play an important role in the implant incorporation into the target tissue. The

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scaffold serves stem cells in the first phase of healing as a live medium and a mechanical support, which requires specific mechanical and other properties that are different for each target tissue (bone, cartilage, ligaments) (Ferrari et al. 2007; Jan  et al. 2007b).

Among biomaterials for independent implantation into tissues may be mentioned implants intended for use in bone tissue, namely products developed on the basis of beta-tricalcium phosphate (ChronOs), or calcium-phosphate (Norian sRs) (szpalski and Gunzburg 2002).

Biomaterials used as scaffolds for stem cells are a very diverse group, and individual products are developed using such methods that their properties are as similar as possible to the target tissue properties. Apart from using already traditional materials, such as hydroxyapatite (hA) for transplantation into bones, or collagen, chitosan or PGA-PLA (polyglycolic acid - polylactic acid) scaffold for transplantations into cartilaginous tissue, and a liquid solution of hyaluronic acid for direct injection into the articular fluid, scaffolds with the required properties are being developed. An important task of current tissue engineering is the development of such scaffolds for the given target tissue that can withstand even mechanical load (Chen et al. 2000; 2002; Fang et al. 2005; Moroni et al. 2006; Risbud and Sittinger 2002). The search for suitable mechanical and structural properties is a highly topical issue (Ferrari et al. 2007; Jan  et al. 2007ab).

Stem cells

Stem cells are divided into two basic types: embryonic and mesenchymal. Embryonic stem cells are pluripotent; they are characteristic for their exclusively allogeneic use (despite their good immunological toleration *in vivo*), and mainly for a high risk of teratome formation (Smith 2006). Postnatally derived cells with a lower level of differentiation (multipotent) are labelled as adult. This group includes haematopoietic cells and mesenchymal stem cells (Smith 2006).

Mesenchymal stem cells are cells of mesodermal origin that have the ability to differentiate into osteoblasts, chondrocytes, tenocytes, fibroblasts, myofibroblasts or adipocytes (Lee and Hui 2006; Smith 2006). Mature stem cells are in small numbers present in most tissues. The most suitable source of their obtaining is the bone marrow, although other potential sources may be used as an alternative, such as fatty tissue, periosteum, or funicular blood (Hui et al. 2005). After mature stem cells are collected from the bone marrow, they are isolated into culture medium (e.g. Dulbecco's Modified Eagles Medium (DMEM), Gibco Laboratories, Life Technologies, Grand Island, NY), where the cells gradually multiply. After obtaining a certain number of cells in the colony, these may be used for therapeutic transplantation as auto- or allograft. In contrast to haematopoietic stem cells that cannot be easily multiplied *in vitro*, mesenchymal stem cells during their expansion in culture media maintain their ability to differentiate into mesenchymal tissues. Considering the fact that the source of these cells is most frequently the bone marrow, some authors label them as "stromal bone marrow cells" (Pluhar 2004). It is possible to label transplanted MSCs in various ways (Terrovitis et al. 2006) and consequently to demonstrate in various ways that the newly formed cells of the receptor have differentiated precisely from the implanted MSCs. Among common methods may be named immunofluorescent stain incorporation and subsequent demonstration of its presence in the histopathological section (Plate VI, Fig. 1), the use of Resovist and its demonstration by Pearls' reaction (reaction with Berlin blue), or *in vivo* imaging during examination by magnetic resonance (Gal et al. 2007; Planka et al. 2007). According to available studies, possibilities of the use of mesenchymal stem cells in the therapy of damaged musculoskeletal system tissues is wide, whether it be in the damage of intraarticular structures (articular cartilage, meniscus), physeal cartilages, bones, or even ligaments and tendons.

Articular cartilage lesion healing

Possibilities of the use of mesenchymal stem cells in the treatment of articular cartilage defects have been the subject of interest of a number of scientists and they are studied e.g. in rabbits (Grande et al. 2003; Melamed et al. 2004), horses (Fortier et al. 1998; Wilke et al. 2001), or sheep (Hoemann et al. 2005). The results of the primary studies in rabbits suggested that MSCs could improve the articular cartilage healing. Some *in vivo* studies in horses, however, were not so convincing and showed that there may be certain difficulties with autologous MSCs obtained from the bone marrow in cultivation and multiplication. The most frequent site of transplantation in experiments is the knee joint, in particular the articular surface of femur (Newberry et al. 1997), exceptionally the articular surface of tibia (Yanai et al. 2005).

Methods are continuously investigated, that allow influencing chondrogenesis induction, e.g. by exposing MSCs to the effect of TGF- β 1, TGF- β 2, or TGF- β 3, Sox 5, 6 and 9, or BMP-2 or BMP-7 (Anitua et al. 2004; Carter 2003). Research shows that the biggest problem is the right timing of the series of effects of individual factors in order to create conditions for differentiation that are identical with the conditions *in vivo*.

The methods of transplantation also vary in individual studies, proving the continuous search for an optimal method. For example, there are descriptions of the use of a mixture of separated stem cells with atelocollagen gel (0.5% acid-soluble type-I collagen, obtained from bovine skin - Yanai et al. 2005), the use of PGA scaffold core with MSCs (Grande et al. 2003), the injection of a solution with stem cells into the articular cartilage defect with a subsequent overlay with a periosteal flap taken from tibia, and reinforcement using a fibrinous glue (Farnworth 2000), and the implantation of absorbable polymer in the form of platelets into the defect (O'Driscoll 1998). At present, our department focuses on research of the treatment of articular cartilage defects by mesenchymal stem cells in miniature pigs (Plate VI, Fig. 2) in combination with scaffolds on the basis of nanofibres and a mixture of collagen with chitosan (Janáč et al. 2007ab).

Meniscal lesion healing

Possible regeneration of damaged meniscal tissue is indicated by pre-clinical studies on the application of allogeneic mesenchymal stem cells by intraarticular injection one week after meniscectomy, when regeneration of the destructed meniscal tissue is stimulated (Pluhar 2004). The newly-formed meniscal tissue protects the joint from degenerative changes (osteoarthritis) that commonly develop in connection with these lesions. In comparison to the control group, in joints treated with stem cell application less serious articular cartilage damage is described, as well as less marked osteophyte formations (Pluhar 2004). Injection of stem cells directly into the affected joint is relatively simple and allows avoiding demanding surgical procedures (e.g. meniscus transplantation). At the same time, the newly-formed meniscal tissue corresponds to hyaline cartilage with the low number of cells and a high content of type II collagen (Pluhar 2004). At our department, we are preparing a model study on miniature pigs, in which stem cells will be transplanted into the knee joint after creating a partial meniscal lesion.

Physeal defect healing

Injuries of the growth cartilage of long limb bones lead in 5% of cases to a clinically significant bone bridge formation between epiphysis and metaphysis of the long bone (Gál et al. 2002; Janáček et al. 1998). At the same time, in approximately 25 - 30% of cases the lengthwise bone growth is reduced and angular bone deformity developed (Campbell et al. 1959; Ford and Key 1956). Besides, 10% of them are associated with a joint function disorder (Mann and Rajmaira 1990). Regeneration capacity of the physal growth plates after their traumatization is low. Surgical interventions for the purpose of correcting these conditions are usually demanding (distraction epiphyseolysis, chondrodiastasis, or temporary

growth arrest). Prophylactic interventions preventing bone bridge formation focus on the filling of the occurred articular cartilage defect mainly with an allogeneic fatty graft, a graft from fascia or tendon, or by silicone substitutes (Campbell et al. 1959; Österman 1972). Some studies indicate a positive effect of autologous chondrocyte transplantation to the growth cartilage defect (Gál et al. 2002). The actual issues of current research include evaluation of the capacity of mesenchymal stem cells to heal physeal defects. In our previous studies we dealt with the subject of MSC transplantation to injured growth plates in rabbits, mainly with the aim to find a suitable scaffold, and also to verify the possibilities of use of MSCs and to evaluate some aspects of auto- and allogeneic mesenchymal stem cell transplantations, particularly in connection with the treatment of physis after a bone bridge excision (Gál et al. 2007; Hui et al. 2005; Plánka et al. 2007).

One of our previous studies showed that prophylactic transplantation of autogenous mesenchymal stem cells to an iatrogenically generated defect in the distal growth plate of femur in rabbits leads to the prevention of bone bridge formation and allows physeal defect healing by hyaline cartilage (Plánka et al. 2007). Femur growth in traumatised physis was maintained after autogenous MSC transplantation, and compared to the femur with a generated physeal defect without MSC transplantation (control group), no marked shortening or valgus deformity of the bone occurred (Ahn et al. 2004; Chen et al. 2003; Hui et al. 2005; Plánka et al. 2007).

Another one of our studies focused on the MSC transplantation to the physeal defect aimed at determining whether allogeneic mesenchymal stem cells may functionally heal a defect in the distal growth plate of femur in the rabbit without immunosuppressive therapy (Gál et al. 2007). The results of the study prove that allogeneic mesenchymal stem cells in the new composite carriers (hyaluronate/type I collagen/fibrin) healed iatrogenic defects in the distal physis of femur in rabbits without the use of immunosuppressive therapy.

The use of allogeneic mesenchymal stem cells may therefore be an alternative to autologous transplantation of MSCs in the treatment of physeal defects. In clinical practice, such transplantation could lead to the use of MSCs from an unrelated donor, i.e. an easy source of cells needed for the cartilaginous tissue healing (Batten et al. 2006; Gál et al. 2007; Plumas et al. 2005). Currently, we are working on the verification of the possibilities of injured physis treatment in miniature pigs.

Damaged bone tissue regeneration

In the case of comminuted or otherwise complicated fractures with the loss of bone tissue, the use of bone grafts is indicated in the course of surgical intervention. Extensive bone defects occur with the loss of a considerable part of the bone in consequence of a trauma (fracture), or with bone resection in the treatment of a tumoral disease. Such defects may be treated by nowadays already accessible methods, such as bone morphogenetic proteins (BMPs); yet, mesenchymal stem cells currently appear more suitable for this indication, mainly for their ability to transform into cells capable of independently generating new bone tissue that may fill up the particular bone defect (Pluhar 2004).

Mesenchymal stem cells may be directed during cultivation to transform into lines capable of producing bone mass, by being exposed to the effects of a number of substances, such as the transforming growth factor (TGF), insulin-like growth factor (IGF), vascular endothelial growth factor (VEGF), dexamethasone, or glycerol phosphate (Anitua et al. 2004; Anitua et al. 2005; Carter 2003; Marx 2004; Pluhar 2004).

In some studies, MSCs were mixed with a biopolymer on the basis of hydroxyapatite (in particular, hydroxyapatite is described to have a markedly longer resorption time than calcium phosphate – chronOs) (Szpalski and Gunzburg 2002). Further use of synthetic biomaterials is the subject of currently conducted investigations, as is the mixing of MSCs

with autologous or allogeneic bone mass (DBM - demineralised bone matrix) (Goho 2004; szpalski and Gunzburg 2002).

The implantation of the composite of Ms cs and biomaterial is carried out according to the chosen carrier and localisation, e.g. by injecting (Norman sRs, chronOs inject), by incorporating a little block of bioceramics (hA, chronOs) (Arinzeh et al. 2003), by filling the cavity (chronOs granules) or by transplantation of demineralised bone mass. In some studies, Ms cs were even applied intravenously, or into the distant part of the marrow cavity (shirley et al. 2005).

In one study, mesenchymal stem cells were implanted on the hydroxyapatite matrix to the area of the alveolar crest of the jaw bone and to the segmental defects of femur in order to support new bone tissue growth. The results of the study demonstrated a significant growth of newly-formed bone tissue without any side effects (Pluhar 2004). At the same time, the effect of major histocompatibility complex (Mh c) of suitability of allogeneic stem cells on the healing of long bone defects in dogs was monitored on pre-clinical models. Formation of systemic antibodies against implanted stem cells was not observed in the receptors.

The ground of our upcoming study is to verify the ability of Ms cs to survive and the ability of their differentiation and consequent incorporation into the target tissue of the receptor in transplantation, in this case into the bone defect, partly in the mechanically resistant scaffold we are developing on the basis of hydroxyapatite, partly in direct combination with beta-tricalcium phosphate (chronOs).

Ligamentous and tendineous lesion healing

Most studies on the treatment of tendineous or ligamentous defects present model cases of iatrogenically created defects of a gap nature (Thornton et al. 2003; Dressler et al. 2005), or resection of a certain part of the ligamentous complex (removal or excision of one part of the ligament (Beynnon et al. 1995); complete ligament excision and its subsequent suture (hildebrand and Frank 1998)).

In studies we most frequently encounter stem cell transplantations to these target anatomical structures: ligamentum patellae (Beynnon et al. 1995; Awad et al. 2003), ligamentum collaterale mediale genu (hildebrand and Frank 1998; Thornton et al. 2003) and ligamentum cruciatum anterior genu (Bray et al. 2003).

Rabbit is the generally used model of experimental animal in the mentioned studies (most often the New Zealand white rabbit) (Beynnon et al. 1995; Bray et al. 2003; hildebrand and Frank 1998; Thornton et al. 2003). Other models include pigs (Moholkar et al. 2002), goats (Proctor et al. 1997) and horses (O'sullivan 2005).

stem cells have been most often transplanted with good results in a natural scaffold (mixing with bone marrow, mixing with collagen gel and implantation) (harris et al. 2004; Dressler et al. 2005; O'sullivan 2005; Awad et al. 2003), exceptionally in a synthetic scaffold (Adams et al. 2005). Mesenchymal stem cells in combination with bioabsorbable suture material used to treat an Achilles tendon rupture demonstrably improved the biochemical and structural properties of the healed area (Pluhar 2004). Within our national research project, we will perform Msc transplantation in combination with a newly developed scaffold on an experimental model of the anterior cruciate ligament rupture in the miniature pig.

Damages of the musculoskeletal system structures are commonly accompanied with serious functional problems and may be connected with lasting consequences in the form of invalidity. The hopes of modern science are therefore fxated on the search for optimal methods of treatment of the musculoskeletal system diseases by means of tissue engineering using stem cell transplantations. These methods comprise principles of biology and material engineering, serving the development of implants seeded with stem cells that would be capable of recovering, maintaining, or improving the functions of the damaged

tissue. This synoptic study briefly summarizes the main trends of possible uses of MSCs in combination with biomaterials in the treatment of diseases affecting tissues derived from the mesoderm, i.e. articular cartilage, meniscus, physis, bone, ligaments and tendons.

Biomateriály a kmenové buňky v léčbě defektů kloubních chrupavek, menisků, fyzárních plotének, kostí, vazů a šlach

V této souhrnné práci je podán stručný přehled dosavadních výsledků hlavních směrů experimentálních studií, zabývajících se možnostmi využití biomateriálů a mezenchymových kmenových buněk v léčbě chorob, které postihují tkáně derivované z mesodermu, tj. kloubní chrupavku, menisky, fýzu, kost, vazy a šlachy. cílem experimentálních prací s touto tematikou je hledání optimálních forem léčby onemocnění jednotlivých součástí pohybového aparátu metodami tkáňového inženýrství s využitím transplantací kmenových buněk.

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