# Time Course Changes in Selected Biochemical Stress Indices in Broilers Exposed to Short-term Noise

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## Abstract

Time course changes in selected biochemical stress indices (corticosterone, triglycerides, glucose, cholesterol) following short-term noise exposure at 100 dB for 28 min were studied in broilers aged 42 days. Corticosterone concentrations were found to increase during the first 10 min of noise exposure and to differ significantly from the control (background sound -50 dB) at Time 10 min and 14 min, then decreased continually and at 28 min returned to the initial prestress value. Triglyceride concentrations increased in broilers exposed to 100 dB noise during the first 12 min with a significant difference from the control at 12 min and 14 min. Glucose concentrations were higher due to 100 dB noise exposure for almost the entire period monitored, with significant differences between 100 dB and control broilers at 6 min and from 10 min to 14 min. Similarly as for the corticosterone concentration, a drop in triglycerides and glucose concentrations was seen approximately from Time 14 min and a return to the pre-stress value at 28 min. The cholesterol concentrations showed various temporal patterns with no significant difference between 100 dB and control broilers in this experiment. The pattern of response found in the study indicates that 100 dB noise represents a stress factor in broilers, however, there is the ability of broilers to adapt to an increased level of noise at this intensity after the first 14 min of exposure. The findings obtained in the study may contribute to expanding detailed knowledge of physiological stress responses to this specific noise stimulus in poultry, and could thereby be used to improve the welfare of broilers in intensive housing systems.

Corticosterone, glucose, triglycerides, sound, stress, welfare

The chronology of physiological responses that constitute stress in poultry, in particular stress responses following direct mediation of the adrenal glands by exogenous administration of adrenocorticotropic hormone (ACTH) and exogenous administration of steroid hormones (e.g. corticosterone, cortisone, cortisol, etc.), has been studied in various models. The physiological stress responses that occur most frequently in broilers following ACTH treatment include elevation of plasma corticosterone (Edens and Siegel 1975; Beuving and Vonder 1986; Beuving et al. 1989), elevation of plasma glucose (Siegel and Beane 1961; Siegel 1962ab), and elevation of plasma cholesterol (Siegel and Siegel 1966; Siegel 1968). Puvadolpirod and Thaxton (2000a) proposed a model to study stress responses in chickens that involved continuous administration of ACTH by subcutaneously implanted mini-osmotic pumps. They described stress based on increased circulating levels of corticosterone, glucose, triglycerides and cholesterol and an increased heterophil/lymphocyte ratio. Puvadolpirod and Thaxton (2000b) describe the temporal patterns of stress responses following continuous infusion of ACTH. Their results indicate that plasma corticosterone was elevated by 2 h and plasma glucose was elevated by 12 h. According to Madison et al. (2008), injection of corticotropin releasing hormone induced a significant increase in corticosterone levels beginning at 15 min post-injection through 2 h in chickens.

Although the temporal patterns of stress responses following direct mediation of the adrenal glands in poultry species have been studied extensively, time course changes in

biochemical stress indices caused by acute noise exposure in broilers have not previously been studied. It has been documented that noise represents a potential stressor to farm animals (e.g. De la Fuente et al. 2007; Kanitz et al. 2005; Otten et al. 2004; Weeks 2008), but noise as a stress factor in fowls has not yet been sufficiently investigated. According to Campo et al. (2005) noise seems to affect adversely the productive performance and behaviour of the birds. Stadelman (1958a) reported violent behavioural response in young chickens to intermittent sound exposure at 100-118 dB. Sound intensities of 115 dB were effective in interrupting brooding in hens (Stadelman 1958b). A significant negative effect of acute noise exposure at 80 dB and 100 dB on stressfulness in broilers was described by Chloupek et al. (2009), who found a significant increase in corticosterone and cholesterol levels after 10 min of noise exposure. In contrast, McFarlane and Curtis (1989) reported that plasma corticosterone was unaffected by continuous noise at 95 dB in female chicks on trial Day 7.

The literature indicates that more detailed information and temporal patterns of physiological stress response to noise stimulus in poultry are missing. The purpose of the present study was to investigate time course changes in selected biochemical stress indices (corticosterone, triglycerides, cholesterol, glucose) in broilers following acute noise exposure at 100 dB in order to define more precisely the response to this specific stress factor.

# **Materials and Methods**

## Animals and their treatment

Time course changes in selected biochemical stress indices caused by noise exposure were monitored in a group of ROSS 308 broiler chickens aged 42 days. From the first day after hatching, a total number of 360 broilers were housed in deep litter in an experimental barn with controlled light, heating, and feeding patterns according to standard breeding requirements for meat hybrid poultry. The ambient barn temperature was gradually decreased from  $30 \pm 1$  °C on Day 1 to  $20 \pm 1$  °C on the last day of fattening (Day 42). Depending on the temperature, relative humidity levels ranged between 25% and 65%. When the broilers reached 42 days, 15 broilers were selected at random for testing. The selected broilers were individually captured and transferred by hand to the adjacent test room, where they were left undisturbed for 30 min in order to ensure that the results would not be affected by the transfer. Then the broilers were exposed to a continuous 100 dB of noise (a mixture of various sounds recorded in commercial broiler housing, sounds of bird vocalization and ventilation fans were predominant) for 28 min. A Boschmann G-9633 S (BM Boschmann, J) speaker was hung in the test room to broadcast the sounds. The noise intensity was measured using a GSH 8922 digital sound meter (Greisinger, D). During the noise exposure, blood samples (3 ml) for biochemical examination were taken from the vena basilica in broilers at 2-min intervals (sampling times: Time 0 min, 2 min, 4 min ... 28 min). Each bird of the group was sampled only once and then was removed from the experiment. After the test was finished, 15 more broilers were selected randomly for the control group and transferred into the test room. They also were left undisturbed for 30 min, then kept there without elevated noise exposure (the background sound level was 50 dB) and sampled in the same way as the previous test broilers (blood samples were taken from the vena basilica at 2-min intervals). This cycle of  $2 \times 15$ samples was repeated 10 times, meaning that of total of  $10 \times 15$  samples of test broilers and  $10 \times 15$  samples of control broilers was obtained. These samples represent the time course changes in monitored biochemical indices at 2-min intervals during the experiment (with or without elevated noise). Blood samples were collected within 3 min of capture in order to ensure that the levels of the monitored indicators were not affected by stress induced from pre-sampling handling (Voslarova et al. 2008). The sex ratio of the broilers in the experiment was 50% to 50%. The effect of gender was not, however, monitored during the experiment, as preliminary tests have shown this not to be statistically significant.

#### **Biochemical** examination

The heparinized blood was centrifuged at  $837 \times g$  for 10 min and plasma samples were stored deep-frozen (- 80 °C) in Eppendorf test-tubes until analyses were performed (within one week). Selected plasma biochemical indices: glucose, cholesterol and triglycerides were measured by a Cobas EMira biochemical analyser using commercial test kits (BioVendor - Laboratorni medicina a.s., CZ). The plasma corticosterone concentration was measured using a commercial Corticosterone EIA Kit (Cayman Chemical, USA).

#### Statistics

The results were analysed using commercial statistical package Unistat 5.1. (Unistat Ltd., GB). All data were subjected to the general linear model (GLM) analysis of variance (Zar 1999). One-way ANOVA was used to test for significant differences between means for treatment effects (100 dB noise and control) at each of the sampling times.

# **Results and Discussion**

Results concerning the effects of exposure to 100 dB noise for 30 min on monitored biochemical stress indices (corticosterone, triglycerides, cholesterol, glucose) are presented in Fig. 1 (Fig. 1a–1d, respectively).

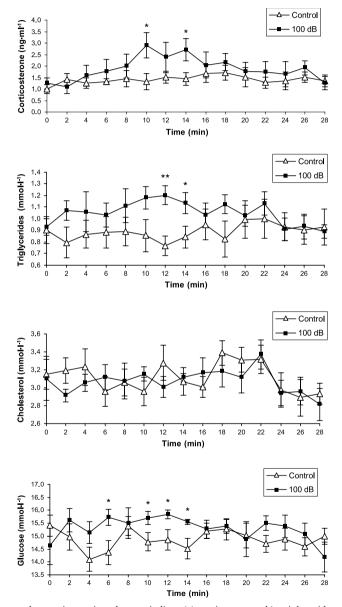


Fig. 1. Time course changes in monitored stress indices (a) corticosterone, b) triglycerides, c) cholesterol, d) glucose) in broilers exposed to 100 dB noise and control broilers without noise exposure. Vertical bars represent SEM for each mean. \* p < 0.05, \*\* p < 0.01.

As shown in Fig. 1a, corticosterone concentrations in broilers exposed to 100 dB noise were found to increase during the first 10 min and differ significantly from the control at Time 10 min and 14 min (p = 0.028 and p = 0.033, respectively). From Time 14 min, corticosterone concentrations continually decreased and at 28 min the corticosterone concentration returned to the initial value, which is identical to the control and represents the pre-stress corticosterone concentration in the experiment. Fig. 1b depicts increasing triglycerides concentrations in broilers exposed to 100 dB noise during the first 12 min with a significant difference from the control at 12 min and 14 min (p = 0.002 and p = 0.041, respectively). Similarly as for the corticosterone concentration a fall in triglycerides concentrations can be seen here from Time 14 min and a return to the pre-stress value at 28 min. The cholesterol concentrations in Fig. 1c show various temporal patterns with no significant difference between 100 dB and control broilers. As shown in Fig. 1d, glucose concentrations were higher in broilers exposed to 100 dB noise for almost the entire period monitored, with significant differences (p < 0.05) between 100 dB and control broilers at 6 min and from 10 min to 14 min. A fall in glucose concentrations can also be seen here approximately from Time 12 min and a return to the pre-stress value at 28 min.

Our findings demonstrate that noise can be a potential stress factor to broilers, which induces specific changes in some biochemical stress indices even during just a short time exposure. As far as the authors know, temporal patterns of physiological stress responses in the case of acute noise exposure have not yet been studied in poultry. Only the chronology of the stress response following direct mediation of the adrenal glands has been documented by several authors (e.g. Siegel 1995; Puvadolpirod and Thaxton 2000a,b; Madison et al. 2008). The most frequently occurring physiological responses in broilers included increased levels of corticosterone, glucose, triglycerides and cholesterol. Similarly to the above mentioned authors, we also observed a stress response based on an increase in plasma corticosterone, triglycerides and glucose concentrations in broilers following acute noise exposure at 100 dB. The corticosterone concentration reached its highest values from Time 10 min to 14 min in 100 dB broilers in our experiment, then decreased again to the prestress concentration at 28 min. Chloupek et al. (2009) also described a significant increase in the corticosterone level after 10 min of noise exposure at 80 dB and 100 dB in broilers. McFarlane and Curtis (1989), who reported that plasma corticosterone was unaffected by continuous noise at a level of 95 dB on trial Day 7 in broiler chicks, support our findings regarding a following decrease in corticosterone levels after 14 min of exposure to the elevated noise in our experiment.

We also found a significant increase in plasma triglycerides and glucose concentrations during the first 12 min in broilers exposed to 100 dB noise in our experiment. Similarly to corticosterone concentrations, a subsequent decrease of triglycerides and glucose levels can also be seen here approximately from Time 12 min and a gradual return to the prestress value at 28 min. This type of response may indicate the ability of broilers to adapt to an increased level of noise at 100 dB intensity after the first 12 min of exposure. In contrast to our experiment, Chloupek et al. (2009) did not find any changes in plasma triglycerides and glucose concentrations in broilers exposed to noise at 80 and 100 dB for 10 min. These authors also described a significant increase in the cholesterol level in broilers following 10 min of noise exposure at 100 dB, which is in contradiction with our findings, in that cholesterol concentrations showed various temporal patterns with no significant difference between 100 dB and control broilers for the whole period monitored in our experiment.

In conclusion, the results of this study describe time course changes in corticosterone, triglycerides, glucose and cholesterol concentrations in broilers following acute noise exposure at an intensity of 100 dB, and thereby define more precisely the stress response to this specific noise stimulus. The pattern of response found in the study indicates that 100 dB noise represents a stress factor in broilers, however, there is the ability of broilers to

adapt to an increased level of noise at this intensity after the first 14 min of exposure. The findings obtained may contribute to expanding detailed knowledge of physiological stress responses to noise stimulus in poultry, and could thereby be used to improve the welfare of broilers in intensive housing systems.

# Časový průběh změn ve vybraných biochemických ukazatelích stresu u brojlerů vystavených akutnímu hluku

Časový průběh změn ve vybraných biochemických ukazatelích stresu (kortikosteron, triglyceridy, glukóza, cholesterol) vlivem akutního hluku o intenzitě 100 dB byl sledován u brojlerů ve věku 42 dnů. Během prvních 10 min hlukové expozice se u brojlerů zvyšovala hladina plazmatického kortikosteronu, přičemž významného rozdílu ve srovnání s kontrolní skupinou (zvuky pozadí – 50 dB) dosáhla v čase 10 min a 14 min a poté se plynule snižovala, až v čase 28 min dosáhla opět výchozí klidové hodnoty. Hladina triglyceridů se u brojlerů vlivem expozice 100 dB hluku zvyšovala během prvních 12 min expozice, přičemž významný rozdíl ve srovnání s kontrolními brojlery byl zjištěn v čase 12 min a 14 min. Koncentrace plazmatické glukózy u brojlerů vystavených hluku byly ve srovnání s kontrolou vyšší po téměř celou sledovanou dobu, s významnými rozdíly v čase 6 min a v době od 10 min do 14 min. Podobně jako u koncentrace kortikosteronu, také u hladiny triglyceridů a glukózy bylo možno vysledovat pokles přibližně od 14. minuty po začátku hlukové expozice brojlerů a postupný návrat ke klidovým hladinám v čase 28 min. Koncentrace cholesterolu u brojlerů vystavených 100 dB hluku vykazovala po celou sledovanou dobu značné kolísání s nevýznamnými rozdíly od kontroly. Průběh odpovědi sledovaných biochemických ukazatelů v této studii ukazuje, že ačkoliv hluk o intenzitě 100 dB představuje pro brojlery stresový faktor, je zde naznačena možnost adaptace brojlerů, ke které dochází přibližně po prvních 14 minutách expozice této intenzitě hluku. Poznatky získané v této studii mohou přispět k rozšíření podrobných znalostí o fyziologické odpovědi drůbeže na stresové zatížení vlivem specifické hladiny hluku a tím i ke zlepšení welfare v intenzivních systémech výkrmu brojlerů.

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